

Topic list happy

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The following list contains plants that are associated with luck. These plants are associated with happiness, have luminous flowers or create a positive mood when used in phytotherapy.

Botanica processes the corresponding plants into extracts which are available in different carrier substances (water-soluble, oil-soluble etc.) - see extract finder. These extracts can be used for cosmetic and technical purposes.

Botanica neither performs nor commissions tests on animals. Our raw materials are natural and can vary slightly from harvest to harvest without affecting the quality of the product. Further information can be found in the corresponding specification.

Please note that some plants are not available all year round. Please ask us about the availability. This list is not exhaustive and represents only a part of our plants. If you are looking for specific extracts for your formulation, we are looking forward to your contact.

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My plant extracts, naturally

English	Latin	German	Description	Bio
Bamboo	Bambusa Vulgaris	Bambus	Symbol of luck.	Yes
Chicory	Cichorium Intybus	Wegwarte	Chicory is a lucky charm for hunters. Roots dug up on St James' day, 25 July, and carried with a piece of gold are believed to ensure that hunters will hit their targets	Yes
Gentian	Gentiana Lutea	Enzian gelb	Yellow gentian, as a typical plant of the Alps, delights with its bright yellow flowers.	Yes
Lavender	Lavandula Angustifolia	Lavendel	In aroma therapy, lavender oil is used to fortify the psyche. It is the scent of calm and composure.	Yes
Lucky Clover	Oxalis Tetraphylla	Glücksklee	The four-leafed clover is the ultimate symbol of luck.	No
Magnolia	Magnolia Biondii	Magnolie	Magnolias are delightful early bloomers that awaken feelings of joy.	Yes
Passionflower	Passiflora Incarnata	Passionsblume	Passion flower is used in herbalism to treat anxiety and stress as well as inner restlessness.	Yes
Peony	Paeonia Officinalis	Pfingstrose	The peony is a powerful symbol of love in Asian culture.	Yes
Roseroot	Rhodiola Rosea	Rosenwurz	Roseroot reinforces stress resistance and stimulates the release of endorphines (happiness hormones).	No
St. John's Wort	Hypericum Perforatum	Johanniskraut	St John's Wort brightens the spirit and is used as a natural antidepressant.	Yes
Strawberry	Fragaria Ananassa	Erdbeere	In Asia strawberry leaves on a plate bring luck to guests at a wedding or other happy events.	Yes
Sunflower	Helianthus Annuus	Sonnenblume	Sunflowers are typical sun-worshippers that turn their faces towards the sun.	Yes
Valerian	Valeriana Officinalis	Baldrian	In herbalism Valerian is used to treat sleeping disorders and to calm and pacify.	Yes

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